



TREKANEERING

Insurance

Travel Insurance

A travel insurance policy that covers cancellation, injury, death, lost baggage, theft, liability, medical treatment and expenses is strongly recommended. Make sure the insurance covers all the activities that you will be undertaking during your stay in Nepal such as trekking and climbing. If a client becomes ill, all hospital expenses, doctors' fees and repatriation costs are the client's responsibility.

Rescue Insurance

If you are injured and unable to travel, you can ask for a rescue helicopter or charter flight from a remote airstrip only if you have definite proof you can pay for it. All trek organizers, including Trekaneering Expeditions, have an agreement in Kathmandu that guarantees payment for helicopter evacuations. They pay a cash deposit to the helicopter operator and collect the money from you once you have been rescued. It's then up to you to obtain reimbursement from your insurance company. Be sure your policy specifically covers helicopter evacuation. Also check that your insurance policy does not exclude mountaineering or alpinism or you may have a difficult time settling a claim. Although you will not engage in such activities, you may not be able to convince a flatland insurance company of this fact.

Most Alpine/Mountaineering Clubs have a special insurance for their members. Check the conditions carefully as limitations on altitude or trip duration may apply.

Recommended:

[British Mountaineering Council](#)

[Dog Tag \(UK\)](#)

[Global rescue insurance](#) (USA)

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